



# PSG INSTITUTE OF TECHNOLOGY AND APPLIED RESEARCH

NEELAMBUR, COIMBATORE - 641062

DEPARTMENT OF PHYSICAL EDUCATION

# FITECH 24

*Sports*

"NEVER SAY NEVER BECAUSE LIMITS LIKE FEARS, ARE OFTEN  
JUST ILLUSIONS." -MICHAEL JORDAN



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## **ABOUT THE DEPARTMENT**

The Department of Physical Education covers an area of 5.2 acres located near the hostel premises. It also has apt infrastructure for all the indoor and outdoor games. The department is headed by a Physical Director, assisted by one Assistant Physical Director & one Assistant Physical Directress along with one marker as supporting staff.

Every first-year student should undergo 40 hours of Physical Education class. The students are being taught about the basics of health, various types of conditioning exercises to develop their physical fitness and they will be introduced to various games according to their proficiency and interest. **Inter and Intra department sports matches** are conducted every year for the first years as an opportunity to showcase their talents and to include potential players in the college team. Advanced skills and tactics are being taught to the players by the Physical Education Department. The Student, Faculty members and staff members matches are being conducted by the Physical Education Department.

The office bearers are selected by the Physical Education Department based on their contribution to sports at iTech. This drives them to showcase their organizing abilities which in turn inculcates leadership qualities. The Annual record reflects the team's strength and their position in **Anna University and 'CENTIES'**. The students who have received individual honors such as representing Zone, Inter-zone, District, State, National, Anna University, All India and Country are recognized and honored with the **Star Sports Person Award** during the Annual Sports Day. Also, the **Best Outgoing sports person awards** are awarded to the recent passed out students. The Annual Sports Day is coordinated by the Secretaries and Joint Secretaries and is consistently monitored by the Physical Education Department.

## **FACULTY**



**Mr. A. Robinson, M.Phil.**  
**Director of Physical Education**



**Mr. Eashwar, M.P.Ed.,**  
**Assistant Physical Director**



**Mrs. R. Vaishnavi, M.P.Ed.,**  
**Assistant Physical Directress**

<b>Name &amp; Designation with Highest Qualification</b>	<b>Year of Joining</b>	<b>Areas of specialization</b>
Mr. A. Robinson, M.Phil., Director of Physical Education	2014	Football
Mr. Eashwar, M.P.Ed., Assistant Physical Director	2019	Tennis
Mrs. R. Vaishnavi, M.P.Ed., Assistant Physical Directress	2022	Kho-Kho



## **OFFICE BEARERS 2023-24**

### **MEN**



**C. KISHORE – III ECE**  
**SPORTS SECRETARY**



**S. R. NIKHIL KANNAN – II CSBS**  
**SPORTS JOINT SECRETARY**

### **WOMEN**



**U. SASMITHA– III ECE**  
**SPORTS SECRETARY**



**C. C. BRINDHA SHREE – II EEE**  
**SPORTS JOINT SECRETARY**

# SPORTS TEAM CAPTAINS 2023-24

## MEN



S. R. NIKHIL  
KANNAN  
II CSBS  
ATHLETICS



R. AKASH  
IV MECH  
BADMINTON



K. S. KHAVIYAN  
IV CIVIL  
BALL  
BADMINTON



S. HARISHRAM  
III CSE  
BASKETBALL



S.S SUDHARSHAN  
III MECH  
CHESS



P. RAGUL  
II EEE  
CRICKET



U. CHERAN  
II CSE  
FOOTBALL



S.SANJAY  
III CIVIL  
HANDBALL



SHYAM SUNDAR B  
IV ECE  
TABLE TENNIS



SRI SIVAHARE K  
IV CIVIL  
TENNIS



SARAVANAN K  
II AI&DS  
VOLLEYBALL

# SPORTS TEAM CAPTAINS 2023-24

## WOMEN



**ANANTHI K**  
**III EEE**  
(ATHLETICS)



**SNEHAL JAIN**  
**IV CSE**  
(BADMINTON, BALL  
BADMINTON, TABLE  
TENNIS)



**SADHANA V**  
**IV CSE**  
(BASKET BALL)



**BALA SWATHI S J**  
**III CIVIL**  
(CHESS)



**SASMITHA U**  
**III ECE**  
(THROWBALL)



**SHREYA CHOUDHARY**  
**III ECE**  
(TENNIS)



**DEVA SHRI V**  
**IV EEE**  
(VOLLEYBALL)

## **BEST OUTGOING SPORTS PERSON**

**2019-2023**



MR. HARINANDHAN  
B.E. ECE  
(TABLE TENNIS)



MS. S. SREEMATHI GAYATHRI  
B.E. CIVIL  
(TABLE TENNIS)

## **BEST OUTGOING SPORTS PERSON**

**2020-2024**



SNEHAL JAIN  
IV CSE  
(SQUASH)

**PERFORMANCE OF OUR COLLEGE**  
**IN MAJOR TOURNAMENTS**

<b>S.NO.</b>	<b>SPORT</b>	<b>NAME OF THE PARTICIPANT</b>	<b>RESULTS</b>
1	FIST BALL- MEN	C. KISHORE( III-ECE)	1 <sup>st</sup> place in 7 <sup>th</sup> Senior National Fist ball Tournament.
2	ROLLER HOCKEY - WOMEN	C. A. R. SHRUTHIKA (I AI&DS)	4 <sup>th</sup> Place in 61 <sup>st</sup> National Roller Skating Championship.
3	SQUASH - WOMEN	SNEHAL JAIN (IV CSE)	2 <sup>nd</sup> Place (Selected for All India)
4	RIFLESHOOTING-WOMEN	R. PRINCYBEATRICE (II ECE)	5 <sup>th</sup> Place in 66 <sup>th</sup> National Shooting Championship
5	ARCHERY - WOMEN	M. SHEVARTHNA (II AI &DS)	132 <sup>th</sup> Rank in All India Inter University Archery Tournament



# ANNA UNIVERSITY ZONALS & INTERZONALS

## 2023-2024

S.NO.	SPORTS & GAMES	DATE & PLACE	RESULTS
1	ATHLETICS – MEN	18.11.2023 & 19.11.2023 - CIT	Javelin – participated 200m – 2 <sup>nd</sup> place
		17.12.2023 – KONGU (Interzone)	200m - participated
2	ATHLETICS – WOMEN	18.11.2023 & 19.11.2023 - CIT	100m, 200m, 400m,800m,1500m,5000 m, 4x400m relay, Discuss throw, Long jump, 400m hurdles – participated  High jump – 2 <sup>nd</sup> place 4x100m relay – 2 <sup>nd</sup> place Javelin – 1 <sup>st</sup> & 4 <sup>th</sup> place Shotput – 1 <sup>st</sup> place
3	BADMINTON – MEN	23.09.2023 - KPR	Participated
4	BADMINTON – WOMEN	03.10.2023 – PSG Tech	Participated
5	BALL BADMINTON – MEN	17.10.2023 – PSG iTech	Participated
6	BALL BADMINTON – WOMEN	25.09.2023 - TCE	4 <sup>th</sup> place
7	BASKET BALL – MEN	04.10.2023 – PSG Tech	Participated
8	BASKET BALL – WOMEN	24.09.2023 - CIT	4 <sup>th</sup> place
9	CHESS – MEN	06.10.2023 - RVS	Runners
10	CHESS – WOMEN	12.10.2023 - RVS	Winners
		8 & 9.10.2023 – AIT (Interzone)	Participated
11	CRICKET – MEN	11.10.2023 -14.10.2023 – RVS CET	Participated

12	FOOTBALL – MEN	5,6 & 7.10.2023 - CIT	Runners
13	HANDBALL – MEN	11 & 12.10.2023 - KIT	Participated
14	TABLE TENNIS - MEN	23.10.2023 – NGP IT	Participated
15	TABLE TENNIS - WOMEN	23.10.2023 – NGP IT	Participated
16	TENNIS – MEN	21.10.2023 – RVS CET	4 <sup>th</sup> place
17	TENNIS – WOMEN	27.10.2023 – AU (Interzone)	3 <sup>rd</sup> Place
18	VOLLEYBALL – MEN	9 & 10.10.2023 - SSIET	Participated
19	VOLLEY BALL - WOMEN	15.10.2023 – RVS CET	Runners

# **13<sup>TH</sup> CENTIES CHAMPIONSHIP**

**2023-2024**

<b>S.NO.</b>	<b>SPORTS &amp; GAMES</b>	<b>DATE &amp; PLACE</b>	<b>RESULT</b>
1	ATHLETICS – WOMEN	23.02.2024 - CIT	5000m – participated Javelin – 1 <sup>st</sup> & 3 <sup>rd</sup> place Shotput – 1 <sup>st</sup> place
2	BADMINTON - WOMEN	15.02.2024 - SNS	Participated
3	BASKETBALL – WOMEN	15.02.2024 – SNS	Participated
4	CHESS - MEN	19.02.2024 – KPR	Participated
5	CHESS – WOMEN	19.02.2024 – KPR	Participated
6	FOOTBALL - MEN	01.03.2024 - NIET	Participated
7	TENNIS - MEN	20.02.2024 - BIT	Participated
8	THROWBALL – WOMEN	15.02.2024 - SNS	Participated
9	VOLLEYBALL – WOMEN	15.02.2024 - SNS	Participated

# **INDIVIDUAL ACHIEVEMENTS**

**2023-24**

## **C. KISHORE**

**Mr. C. Kishore, III ECE** participated in the **7<sup>th</sup> Senior National Fistball Tournament** held at Dindugal, Tamilnadu. Among the Fist Ball teams from Various States, our State Team with Kishore as Captain Secured **First Place**.



He is also part of our college **Handball** team since 2021 and participated in Anna University Zone and CENTIES tournaments.



**7<sup>th</sup> Senior National Fistball Tournament**

# **INDIVIDUAL ACHIEVEMENTS**

**2023-24**

## **C. A. R. SHRUTHIKA**

**Ms. Shruthika C. A. R., I B.Tech AI&DS, Participated in 61<sup>st</sup> National skating championship held at Chandigarh - 4<sup>th</sup> position.**

**Participated in 33<sup>rd</sup> Tamilnadu Roller skating championship 2023 held at Trichy and won 2<sup>nd</sup> place in both senior women category and senior mixed category.**



**Participated in 11<sup>th</sup> Tamilnadu state Roll Ball championship held at Coimbatore and secured 2<sup>nd</sup> position.**

**Participated in Anna University Roller hockey and roll ball selection and trails held at Anna University, Chennai and selected for University team.**



**11<sup>th</sup> Tamilnadu state Rollball championship**



## **INDIVIDUAL ACHIEVEMENTS**

**2023-24**

### **SNEHAL JAIN**

**Ms. Snehal Jain, IV B.E. CSE** , Participated in **Anna University Selection Trials** securing **2<sup>nd</sup>** place held in Thottiam and got selected to **represent the Anna University Women's Squash Team** for the **All India Inter University Tournaments 2023 – 2024**. The Team won 3 rounds and lost in Quarterfinals against University of Madras.



Participated in **Lawn Tennis Interzonal level** and secured **3<sup>rd</sup>** position in the tournament which was held in AUSB, Chennai. Also participated in the Anna University Team for representing the University at the **South Zone Level** and secured **6<sup>th</sup>** place, 2023-2024

She also **led the Ball Badminton, Badminton and Table Tennis college teams**. The ball badminton team placed **4<sup>th</sup>** in the anna university zonal match.



**Anna University Lawn tennis interzonal match**

# INDIVIDUAL ACHIEVEMENTS

2023-24

## R. PRINCY BEATRICE

Ms. Princy Beatrice R, I B.E. ECE, participated in **66<sup>th</sup> National Shooting Championship** held at Tuglakhabad, Delhi and placed **5<sup>th</sup>** position.

Participated in the **All India Inter University Championship (2022-2023)** and secured **First position** in Interzone shooting Tournament held at Anna University and selected for All India Inter University Championship 2023-2024.



Participated in the **South West Inter University Shooting Championship** held at Kurukshetra, Haryana and secured **13<sup>th</sup>** position.



**South West Inter University Shooting Championship**

## **INDIVIDUAL ACHIEVEMENTS**

**2023-24**

### **M. SHEVARTHNA**

**Ms. M. Shevarthna, II B. Tech AI&DS,** participated in the **15<sup>th</sup> State championship-2022** Indoor match and secured **6<sup>th</sup>** place. Attended **University selection trials** and secured **3<sup>rd</sup>** place.

Participated in the **South West Inter University Archery Tournament** held at Guru Kashi University, Bhatinda, Punjab and secured **65<sup>th</sup>** rank in **INDIVIDUAL** category and obtained **8<sup>th</sup>** rank under **TEAM** category.

Attended **All India Inter University Archery Tournament** held at Punjabi University, Patiala, Punjab and secured **132<sup>th</sup>** rank.



### **All India Inter University Archery Tournament**

# COLLEGE TEAM

## WOMEN

2023-2024



**ATHLETICS TEAM**



**BADMINTON TEAM**



**BALL BADMINTON TEAM**



**BASKETBALL TEAM**





**CHESS TEAM**



**TABLE TENNIS TEAM**



**TENNIS TEAM**



**THROWBALL TEAM**



**VOLLEYBALL TEAM**



# COLLEGE TEAM

## MEN

### 2023-2024



**ATHLETICS TEAM**



**BADMINTON TEAM**



**BALL BADMINTON TEAM**



**BASKET BALL TEAM**



**CHESS TEAM**



**CRICKET TEAM**



**FOOTBALL TEAM**



**HANDBALL TEAM**



**TABLE TENNIS**



**TENNIS TEAM**



**VOLLEYBALL TEAM**



# OVERALL PERFORMANCE OF OUR COLLEGE TEAMS

## 2023- 2024

As in the previous year, our college sports men and women have enthusiastically participated in diverse sporting events and won many deserving laurels to our institution. Our students have won Anna University Zonal and Interzonal titles and successfully participated in the Inter-college sports and games. The following is a brief report of the achievements of our teams and the individual achievements of our students during this academic year.

## MEN

### **ATHLETICS:**



The Athletics team Participated in the **Anna University Zone IX Athletics Men's Tournament**. **Nikhil Kannan S R of II CSBS**, participated and won **2<sup>nd</sup>** place in **200m** Track event.

## BADMINTON:



The badminton Team led by **R. Akash of IV MECH** participated in **Anna University Zone IX Badminton Men Tournament**. The team also conducted the intra college badminton match.

## BALL BADMINTON:



The ball badminton team led by **Khaviyan K S of IV Civil** participated in the **Zone IX Anna University Ball Badminton match**.

## BASKETBALL:



The basketball team led by **Harishram S** of III CSE participated in the **Anna University Zone IX** Basketball Tournament. The team also conducted the intra college Basketball match.

## CHESS:



The Chess team led by **Sudharshan S S** of III MECH participated in the Anna University Zone IX Chess Tournament and won **2<sup>nd</sup>** place. The team also participated in the 13<sup>th</sup> CENTIES championship



## CRICKET:



The Cricket team led by **Yashwanth kumar M of IV CIVIL** participated in the Anna University Zone IX Cricket Tournament.

## FOOTBALL:



The Football team led by **U. Cheran of II CSE** participated in the Anna University Zone IX Football Tournament and won 2<sup>nd</sup> place. The team also participated in the 13<sup>th</sup> CENTIES championship.

## HANDBALL:



The Handball team led by **Sanjay S of III year Civil** participated in the Anna University Zone IX Handball Tournament. The team also conducted the intra college Handball match.

## TABLE TENNIS:



The Table Tennis team led by **Shyam Sundar B of IV ECE** participated in the Anna University Zone IX Table Tennis Tournament.

## TENNIS:



The Tennis team led by **Sri Sivahare K of IV CIVIL** participated in the Anna University Zone IX Tennis Tournament. The team also participated in the 13<sup>th</sup> CENTIES championship. The team also conducted the Intramural Tennis Tournament.

## VOLLEYBALL:



The Volleyball team led by **Saravanan K of II AI&DS**, participated in the Anna University Zone IX Volleyball Tournament. The team also conducted the Volleyball Intramural tournament.

# WOMEN

## ATHLETICS:



Our College women team led by **Ms. Ananthi K of II BE EEE** had competed in various track and field events in the Anna University zonals and **13<sup>th</sup> CENTIES Championship**. **Ms. Ananthi K of II BE EEE** participated in the Javelin Throw and Shot Put in Anna University Selection Trials and **13<sup>th</sup> CENTIES Championship** and placed **1<sup>st</sup>** in both the events. **Ms. Sasmitha U of III BE ECE** secured **4<sup>th</sup> place** in Javelin throw in the Anna university zonal and **3<sup>rd</sup> place** in the **13<sup>th</sup> CENTIES Championship**. **Ms. Naviya M of I CSBS** secured **2<sup>nd</sup>** place in the Anna university zonals - high jump event. 4\*100 mtr relay team consisting of **Naviya M, Dharsana A, Carol S and Loohetha P** secured **silver medal** in the Anna university zonals. The team also conducted Intra College Athletics events.



## BADMINTON:



Our College women team led by **Ms.Snehal Jain of IV CSE** had participated in the **Anna University Zone - IX** tournament. The team also participated in the **13<sup>th</sup> CENTIES** Tournament. The team has also conducted an Intramural Badminton tournament with **Ms. Sathiya Priya of II ECE** as the Convenor.

## BALL BADMINTON:



Our college team led by **Ms. Snehal Jain of IV CSE** participated in the **Anna University Zone-IX** Tournament and secured **4<sup>th</sup> place**.

## BASKETBALL:



Our Basketball women team led by **Ms. Sadhana V of IV CSE** participated in the **Anna University Zone-IX** Tournament and secured **4<sup>th</sup> place**. The team also participated in the tournament. The team has successfully organized an Intramural Basketball Tournament with **Ms. Harshithaa of II CSE** as the Convenor.

## CHESS:



Our college team led by **Ms. Bala Swathi S J of III BE CIVIL** emerged as the **Winners** in the **Anna University Zone-IX** Tournament, participated in the Interzone

tournament and also participated in the 13<sup>th</sup> CENTIES championship. The team has successfully conducted the Intra College Chess Tournament.

### TABLE TENNIS:



Our college team led by **Ms. Snehal Jain of IV CSE** participated in the **Anna University Zone IX Table Tennis Tournament**. The team has successfully conducted the Intra College Table Tennis Tournament with **Ms. Aishwarya of I MECH** as the Convener.

### TENNIS:



Our college team led by **Ms. Shreya Choudhary of III ECE** directly participated in the **Anna University Inter Zone Tennis Tournament**.



## THROWBALL:



Our college team led by **Ms. Sasmitha U of III ECE** participated in the **13<sup>th</sup> CENTIES championship Tournament**. The team has successfully conducted the Intra College Throwball Tournament with **Ms. Loothetha P of I CSE** being the Convenor.

## VOLLEYBALL:



Our college team led by **Ms. Devashri V of IV EEE** competed in the **Anna University Zone – IX Tournament** and won **2<sup>nd</sup> place**. The Team also participated in the **13<sup>th</sup> CENTIES Volleyball Tournament**. The team has successfully conducted Intra College Volleyball Tournament with **MS. Pranita J of I B. ARCH** as the Convenor.

## MINI MARATHON 2023-2024

Event Title	Mini Marathon
Date and Duration	26 <sup>th</sup> March 2024 & 1 hour
Department	Physical Education
Coordinator	Mr A Robinson, Physical Education Director Mr Eashwar, Assistant Physical Director
No. of Participants	135

Mini Marathon (2.5 kms and 3 kms run) was held at PSG iTech on 26<sup>th</sup> March 2024. Before the commencement of the event, Mr. Eashwar, Assistant Physical Director shared some general instructions about the event to the participants. Principal Dr. N. Saravanakumar led the event.

The event kick started at Staff Quarters' Main Gate by 5.00 pm and ended at PSG iTech Outdoor Sports Complex by 5.30 pm.

Dr. N. Saravanakumar, Principal congratulated all the participants at the end of the event for participating and making the event, a successful one. Finally, refreshments were provided to all the participants.



**Dr. N. Saravanakumar, Principal, PSG i Tech along with participants during the PSG iTech MiniMarathon event held on 26<sup>th</sup> March 2024**

## **SESSION ON FIRE AND SAFETY**

The Department of Physical Education of PSG iTech organized exclusive sessions for the supporting staff members on **Fire and Safety (F-Find, I-Inform, R-Rescue, E-Evacuate, S-Stay, A-Alert, F-For, E-Every, T-Task, Y-You do)** held on 28<sup>th</sup> August 2023.

Mr. A. Robinson, Director of Physical Education, PSG iTech, delivered the welcome address and introduced the resource person. Mr. V Rangaraju, Safety Officer, PSG Institutions, made a detailed demonstration on **Safety and Awareness** for the supporting staff members.

During the session, Mr.V.Rangaraju made a lecture-cum-demonstration on **effective use of fire extinguishers** during fire accidents, different **ways to extinguish fire** and **use of wet clothes for securing a person from fire injuries**. Also, question and answer session was held to clarify various doubts raised by supporting staff members. Finally, Mr. A. Robinson, proposed the vote of thanks.



# **SPORTS STUDENTS PLACEMENT LIST**

**2020-2024**

**MEN**

S.no	Name	Specialization	Dept.	Company name
1.	Santhosh Kumar E	Cricket	Civil	L&T limitedChennai
2	Yaswanth kumar M	Cricket	Civil	Afcons InfrastructureBombay
3	Yedu Sekar	Football	ECE	NXP semiconductors
4	Rahul K	Cricket	MECH	Reliance industries
5	Dhivagar T	Cricket	MECH	Hyundai motors
6	Yuvanesh V	Cricket	CSE	Blue Yonder
7	Sanju Revanth	Kabaddi	CSE	SAP
8	Hariharan S	Volleyball	CSE	BNY
9	Hridyansh Sharma	Kabaddi	CSE	SAP

# **SPORTS STUDENTS PLACEMENT LIST**

**2020-2024**

**WOMEN**

S.no	Name	Specialization	Dept.	Company Name
1	Shahana R	Volleyball	EEE	Schneider electric
2	Srivarasa T	Volleyball	ECE	Société Generale,Bangalore
3	Deva Sree V	Volleyball	EEE	Caterpillar India PvtLtd
4	Carol S	Athlete	CSE	SAP labs India
5	Snehal Jain	Squash	CSE	JP Morgan Chase &Co.
6	Anu Keerthana S	Basketball	EEE	Technip
7	Sadhana V	Basketball	CSE	Phonepe



# HOUSE CAPTAINS

2023-24

MEN



S. SAUJITH  
III MECH  
BRAHMAPUTRA



N. SHRI DHARANESH  
III EEE  
GANGES



R. P. GURUPRASAD  
III CIVIL  
NARMADA



E. RAJASURYA  
III CSE  
YAMUNA

# HOUSE VICE CAPTAINS

2023-24

MEN



**K. SARAVANAN**  
**II AI&DS**  
**BRAHMAPUTRA**



**R. ROHITHRAJA**  
**II MECH**  
**GANGES**



**S. A. ARSHAD AHMED**  
**II CSBS**  
**NARMADA**



**Z. ASMAR HIBBAN**  
**II CSBS**  
**YAMUNA**



# HOUSE CAPTAINS

2023-24

WOMEN



SHANMUGA PRIYA M  
III ECE  
ALAKNANDA



SHREYA CHOUDHARY  
III ECE  
GODAVARI



RITANYA T  
III CSE  
KAVERI



DEVA SREE M V  
III B.ARCH  
TAPTI

# HOUSE VICE CAPTAINS

2023-24

## WOMEN



SAGHANAA T  
II EEE  
ALAKNANDA



ABINAYA K  
II ECE  
GODAVARI



DEVA DHARINI P  
II ECE  
KAVERI



HARSHITHAA N  
II CSE  
TAPTI

## **8<sup>TH</sup> ANNUAL SPORTS DAY**

The 8<sup>th</sup> Sports Day was celebrated at PSG Institute of Technology and Applied Research (PSG iTech) on 12.5.23 (Friday) at the college premises. Principal of PSG iTech Dr. G. Chandramohan, Principal of PSG IAP Ar. G. Tamilvanan presided over the function. Mr. V. Ajithkumar, a renowned Pro Kabaddi player, participated as the Chief Guest and delivered the Sports Day Address. The event kick-started with flag hoisting by the chief guest. The chief guest along with the audience witnessed the impressive march past by the sports students. Earlier, Heads of the Dept. and Members of the Faculty distributed the certificates to the participants and winners of various events organized by the Dept. of Physical Education.

The finals of the 4x200 relay event were conducted for boys and girls and prizes were distributed to the winners by the chief guest. During the valedictory function, Ms. Snehal Jain, III B.E. CSE, Sports Secretary of the college welcomed the gathering, and Dr. G. Chandramohan, Principal (PSG iTech) delivered the presidential address. In his presidential address, Dr. G Chandramohan highlighted the significant achievements made by students in various tournaments organized in the zonal and state-level matches and appreciated them. Then, he spoke about the importance of physical fitness for leading a healthy life and appealed to all the students to utilize the sports facilities available in the campus to stay fit physically and mentally.

Speaking on the occasion, Chief Guest Mr. V. Ajithkumar stated that sports is not about making money out of it but meeting new people, having fun, and exploring one's inner potential. He urged the students to give their best every time rather than aiming for a win. Talking about the training methods, he appealed to all the students to update themselves with the latest training methods, research about it, and identify the capabilities required for the particular sport. Further, he mentioned that developing good health is more important as it helps to lead a healthy life and spending time with loved ones to make beautiful memories. Finally, the chief guest along with other dignitaries released the sports magazine of PSG iTech 'Fitech 2023'.

Later, Sports Joint Secretaries Mr. C. Kishore of II B.E. ECE and Ms. K. Ananthi of II B.E. EEE, delivered the Men's and Women's Annual Sports Reports separately. Finally, Women Sports Secretary Mr. K. Sri Sivahare of III B.E. Civil delivered the Vote of Thanks.



Chief Guest addressing the gathering



Chief Guest Mr. V. Ajithkumar, Principal of PSG iTech Dr. G. Chandramohan, Principal of PSG IAP Ar. G. Tamilvanan award the Overall Championship Trophy for Boys to Yamuna House which scored 251 points.



Chief Guest Mr. V. Ajithkumar, Principal of PSG iTech Dr. G. Chandramohan, Principal of PSG IAP Ar. G. Tamilvanan award the Overall Championship Trophy for Girls to Godaverri House which scored 150 points.



# 9<sup>TH</sup> ANNUAL SPORTS DAY







## **PATRONS**

Dr. P. V. Mohanram  
(Secretary)

Dr. N. Saravanakumar  
(Principal)

## **FACULTY COORDINATORS**

Mr. A. ROBINSON (DPE)  
Mr. EASHWAR (APD)  
Mrs. R. VAISHNAVI (APD)

## **STUDENT COORDINATORS**

MS. U. SASMITHA, Sports Secretary (III ECE)  
MR. C. KISHORE, Sports Secretary (III ECE)

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