



Report on Let's Talk

The Department of English, PSG Institute of Technology and Applied Research, organized a TEDx-based speaker event titled **“Let’s Talk”** on **Saturday, 31 January 2026**, at **E6 Mechanical Seminar Hall**. The session commenced at **1.45 PM** and witnessed enthusiastic participation from students.

The event aimed to provide a platform for first-year students to express their ideas, improve public speaking skills, and share inspiring thoughts with their peers. The programme featured four student speakers who spoke on diverse and thought-provoking topics that resonated well with the audience.

Shibin Daniel S, I Year ECE (B), delivered the first talk on **“Human Superpowers.”** He emphasized that true superpowers lie within individuals in the form of resilience, determination, empathy, and the ability to overcome challenges. His speech motivated students to recognize their inner strengths and use them positively in their personal and academic lives.

The second speaker, **Varsigaa M K**, I Year Mechanical (B), spoke on **“Break it or Build it: Redefining Comfort Zones in Public Speaking.”** She highlighted the importance of stepping out of comfort zones to build confidence and effective communication skills. Her talk encouraged students to face their fears and transform discomfort into growth.

Nivedhan V L, I Year Mechanical (B), delivered an engaging talk on **“Gems of Life.”** He shared valuable life lessons drawn from everyday experiences and emphasized the importance of attitude, gratitude, and continuous learning. His speech inspired students to find meaning and value in small moments of life.

The final speaker, **Kaushigaa R**, I Year Civil Engineering, spoke on **“Acceptance of Reality and Gratitude for Lessons.”** She stressed the importance of accepting life as it unfolds and learning from every experience. Her talk highlighted gratitude as a powerful tool for personal growth and emotional well-being.

The event concluded on a highly inspiring note, leaving the audience motivated and reflective. **“Let’s Talk”** successfully achieved its objective of igniting ideas, inspiring young minds, and creating a positive impact through effective communication.