



### **Report on the Seventh Sports Day Celebrations 2022 (26.5.2022)**

The 7<sup>th</sup> Sports Day was celebrated at PSG Institute of Technology and Applied Research (PSG iTech) on 26.5.22 (Thursday) at the college premises. Principal of PSG iTech Dr. G. Chandramohan, Principal of PSG IAP Ar. K. Venkatesh Kumar, and Dr. V. Jailaxmi, Professor and Head, Dept. of Science and Humanities, presided over the function. Mr. S. N. Mohammad Salahuddin, a renowned Triple Jumper, participated as the Chief Guest and delivered the Sports Day Address. The event kick-started with flag hoisting by the chief guest. The chief guest along with the audience witnessed the impressive march past by the NCC cadets and sports students. Earlier, Heads of the Dept. and Members of the Faculty distributed the certificates to the participants and winners of various events organized by the Dept. of Physical Education.

The finals of the 4x100 relay event were conducted for boys and girls and prizes were distributed to the winners by the chief guest. During the valedictory function, Mr. V. Vignesh, III B.E. Mech, and Sports Secretary of the college welcomed the gathering, and Dr. G. Chandramohan, Principal (PSG iTech) delivered the presidential address. In his presidential address, Dr. G Chandramohan highlighted the significant achievements made by students in various tournaments organized in the zonal and state-level matches and appreciated them. Then, he spoke about the importance of physical fitness for leading a healthy life and appealed to all the students to utilize the sports facilities available in the campus to stay fit physically and mentally. Further, he requested the physical education department to organize a 3 km run event and invited all the students and faculty members to participate during first week of June 2022.

Speaking on the occasion, Chief Guest Mr. Mohammad Salahuddin stated that sports is not about making money out of it but meeting new people, having fun, and exploring one's inner potential. He urged the students to give their best every time rather than aiming for a win. Talking about the training methods, he appealed to all the students to update themselves with the latest training methods, research about it, and identify the capabilities required for the particular sport. Also, students were encouraged to take up courses on sports management and mutually share the experience and knowledge with friends. Further, he mentioned that developing good health is more important as it helps to lead a healthy life and spend time with loved ones to make beautiful memories. Finally, the chief guest along with other dignitaries released the sports magazine of PSG iTech 'Fitech 2022'



Later, Sports Joint Secretaries Mr. J Raghul of II B.E. Civil and Ms. K. Anandhi of I B.E. EEE, delivered the Men's and Women's Annual Sports Reports separately. Finally, Women Sports Secretary Ms. Snehal Jain of II B.E. CSE delivered the Vote of Thanks.



**Chief Guest Mr. S. N. Mohammad Salahuddin, Principal of PSG iTech Dr. G. Chandramohan, PSG IAP Ar. K. Venkatesh Kumar, and Dr. V. Jailaxmi, Professor and Head, Dept. of Science and Humanities award the Overall Championship Trophy for Boys to Yamuna House which scored 159 points.**



**Chief Guest Mr. S. N. Mohammad Salahuddin, Principal of PSG iTech Dr. G. Chandramohan, PSG IAP Ar. K. Venkatesh Kumar, and Dr. V. Jailaxmi, Professor and Head, Dept. of Science and Humanities award the Overall Championship Trophy for Girls to Alaknanda House which scored 152 points.**