



PSG Institute of Technology and Applied Research
Neelambur, Coimbatore – 641 004

ENGLISH LITERARY FORUM (ELF)

A Report on Let's Talk held on 19 Feb 2020

Let's Talk programme was held on 19 Feb 2020 between 5.00 pm and 6.00pm at E-6 Seminar Hall.

There were two speakers: Pramoth Upendra K S (III Mech) and Athulkrishna . R (I ECE)

Pramoth Upendra K S (III Mech) gave an inspiring talk on, **“Are You Really Who You Think You Are?”** He commenced his talk by stating in a man's life the major deterrent is his self-constraining thoughts, which is basically his mindset. He also said that the soul and the body, mind and brain are separate entities and he told the young audience that the moment we treat the latter as tools, we become mentally and emotionally stable.

Athulkrishna R (I ECE) spoke on the current state of affair- **“The Era of Destruction.”** He spoke emphatically on how social media and smart phones destroy is destroying human relations. He also expressed his concern about how nature is being destroyed due to man's arrogance and taking nature for granted. He gave the examples of flood in Kerala, the Amazon fire and so on. He also spoke about using time judiciously.

Both the speakers spoke with a lot confidence and they were highly appreciated by the audience.

Dr.V. Jailaxmi, HOD, Department of Mathematics, felicitated the speakers.

Pramoth Upendra K S (IV Mech), delivering a talk on, “**Are You Really Who You Think You Are?**” in the Let’s Talk programme by ELF held on 19 Feb 2020

Athulkrishna R (IECE) delivered a talk on “**The Era of Destruction**” in the Let’s Talk programme by ELF held on 19 Feb 2020