



## **Report on Alumni Talk on Overseas Internship Experiences and CAT Preparation (17<sup>th</sup> November 2020)**

PSG Institute of Technology and Applied Research organized a session for the first year students on **Overseas Internship Experiences and CAT Preparation** during the First Year Induction Programme-2020 held on 17<sup>th</sup> November 2020. Mr. C.S. Nagarajan, an alumnus of B.E. Mech. (2019 Batch) and Trainee Decision Scientist, Mu Sigma Business Solutions, Bangalore, interacted with the students. Dr.P.V.Mohanram, Principal, and Dr.G.Chandramohan, Vice-Principal, offered their felicitations and welcomed the students and resource person. While delivering the lecture, Mr. Nagarajan elaborated on the following points:

### **General:**

- ✓ Utilize every opportunity and engage in life-long learning.
- ✓ Maintain calm and composed mind-set for excelling in the competitive exams

### **Handling Distractions:**

- ✓ Stay away from internal and external distractions like mobile phone and social media
- ✓ Keep yourself away from negativity

### **Importance of Self-esteem:**

- ✓ Put adequate efforts to emerge as a successful person in personal and professional life
- ✓ Do not to limit your potential or possibilities
- ✓ Inculcate strong work ethic and discipline yourself
- ✓ Be a highly-motivated individual
- ✓ Maximize your skills and minimize your ego
- ✓ Avoid pretending and never hesitate to say 'I don't know'
- ✓ Learn to work hard beyond the college hours and be passionate
- ✓ Take pride in self and our own nation and its diversity
- ✓ Be patriotic
- ✓ Train your mind to think, moment to moment
- ✓ Try to give the best output in anything and everything that you do
- ✓ Make effective decisions that will help you in the long run



- ✓ Having fun and enjoying in life are very limited goals in life
- ✓ Be open-minded person to see the good in everything
- ✓ Be humble to everyone, in all instances
- ✓ Read books, magazines, journals in library and explore the fiction section fully
- ✓ Watch the “Losers” series in Netflix to get valuable inputs
- ✓ Use Timesheet app to plan and manage your time
- ✓ Explore the global opportunities available for higher studies

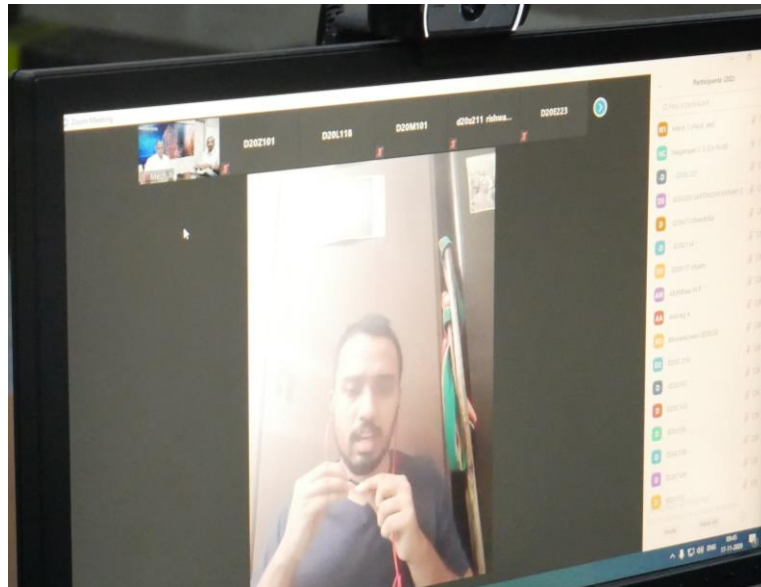
### **Academics:**

- ✓ Do quality internships on par with international standards
- ✓ Fix your goals for higher education at the earliest
- ✓ Focus on the fundamentals during the first year
- ✓ Work hard to succeed in GRE and GATE
- ✓ International Exams are expensive, therefore, it requires serious preparation
- ✓ Maintain a good CGPA close to 9 across all the semesters

Besides, he also spoke the opportunity to do volunteering work with UN Volunteers and working strategies for taking up competitive exams in detail. Finally, Dr.K.Pramila, Professor and Head, Dept. of English, proposed the vote of thanks.



**Dr P.V.Mohanram, Principal, Dr.G.Chandramohan, Vice-Principal, Dr.K.Pramila, Professor of English, and Dr.N.Saravanakumar, Professor of Mechanical Engineering were present for the session delivered by Mr.Nagarajan on Overseas Internship Experiences and CAT Preparation organized during the First Year Induction Programme-2020 held on 17<sup>th</sup> November 2020.**



**Mr. C.S. Nagarajan, an alumnus of B.E. Mech. (2019 Batch) and Trainee Decision Scientist, Mu Sigma Business Solutions, Bangalore, interacting with students on Overseas Internship Experiences and CAT Preparation during the First Year Induction Programme-2020 held on 17<sup>th</sup> November 2020.**